

## W.I.S.E. APPLICATION

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent(s) name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

Phone# (home): \_\_\_\_\_

(cell/other): \_\_\_\_\_

Fax: \_\_\_\_\_ (to send screening form)

email: \_\_\_\_\_

Child's classification / diagnosis (if exists):  
\_\_\_\_\_

Primary Concerns:  
\_\_\_\_\_

### TUITION:

\$375.00 for the weekend. \$100 deposit required with completed application. If child is accepted, balance is due within 10 days following acceptance notification. Deposit will be refunded only if the child is not accepted or if the responsible party notifies WISE within 10 days following acceptance notification.

Please make check payable to:

**BEHAVIOR THERAPY ASSOCIATES, P.A.**

(credit card payments are also accepted)

### Mail application and check to:

Behavior Therapy Associates, P.A.

35 Clyde Road - Suite 101

Somerset, NJ 08873

**Fax to:** (732) 873-2584

● A more detailed questionnaire, program information, and directions will be sent to all families once the child is accepted.

● Applicants are screened to ensure they are appropriate. Forward a copy of recent IEP, reports/summaries along with your application.

## TYPICAL DAY

Wake up  
Breakfast  
Social Skills Sharing Circle  
Organized Activity  
Morning Swim  
Lunch  
Organized Activity  
Social Skills Sharing Circle  
Snacks  
Afternoon Swim  
Organized Activity  
Social Skills Sharing Circle  
Dinner  
Organized Activity  
Social Skills Sharing Circle  
PIP Reward Store Opened  
Evening Special Activity  
Bedtime

### Executive Director

Michael C. Selbst, Ph.D.

Licensed Psychologist (NJ#3779, PA#9320)

NJ & PA Certified School Psychologist

Associate Director

Behavior Therapy Associates, P.A.

### Consulting Psychologist

Steven B. Gordon, Ph.D., ABPP

Board Certified in

Cognitive & Behavioral Psychology

NJ License # 936

Director, Behavior Therapy Associates, P.A.

*If you have questions, please contact us at  
732-873-1212 or email Dr. Selbst directly at*

[selbst.bta@comcast.net](mailto:selbst.bta@comcast.net)

# Weekend for Improving Social Effectiveness (W.I.S.E.)

a specialized, overnight  
recreational / learning  
experience for children with  
social skills difficulties

(Ages 7-15)

August 8-10, 2008



Sponsored by:

**Behavior Therapy Associates, P.A.**

Somerset, New Jersey

(732) 873-1212

at

**Briarwood Day Camp**

located in scenic Bucks County, PA  
(2 miles North of Routes 413 and 232)

Close to Philadelphia & New Jersey locations

## WHO SHOULD ATTEND?

**Does your child have difficulty:**

- *making/keeping friends?*
- *dealing with anger?*
- *acting appropriately in social situations?*
- *resolving conflicts with peers/siblings?*
- *paying attention or sitting still?*
- *thinking before acting?*

The ability of children to get along with their peers is as important to self-esteem as the ability to meet with academic success in the classroom. The summer affords many children with the opportunity for growth in this very important social area. Unfortunately, there are many children who exhibit social-emotional difficulties. As a result, social interactions with other children are often strained.

W.I.S.E. is a specialized weekend, overnight program designed for children with social-emotional difficulties, attention problems, high-functioning pervasive developmental disorders / Asperger's Syndrome, and learning disabilities. Such difficulties often preclude these children from successfully participating in traditional summer programs.

## WHY SOCIAL SKILLS?

Social Skills allow children to initiate and maintain positive relationships with others and as a result contribute to peer acceptance as opposed to rejection. In addition, clinicians and researchers have identified a set of skills which discriminate between socially competent and incompetent children. Clearly, children with limited social effectiveness are at risk for a variety of problems. Thus, they often are in urgent need of instruction in social skills that will improve their social effectiveness.

## WHAT WILL GO ON?

**The Weekend for Improving Social Effectiveness (WISE) is a recreational & learning weekend designed to provide these children with an opportunity to learn a set of social skills within a context of fun and enjoyment.**

Beginning with Friday dinner after parent drop-off and ending after Sunday lunch with parent pick-up, WISE consists of Social Skills Training Groups and recreational activities such as swimming, boating, soccer, and arts and crafts. Emphasis is on cooperation rather than competition. During social skills groups, social-emotional skills are taught through discussion, demonstration, role play, and positive reinforcement. Recreational activities provide opportunities to practice applying the newly taught skills in a controlled, supervised situation.

## POSITIVE INCENTIVE PROGRAM

A Positive Incentive Program, referred to as PIP, affords children the opportunity to receive positive feedback and earn points immediately upon demonstrating appropriate behaviors. These points can be used to purchase various items from the PIP Store. As appropriate, individualized reinforcement plans may be developed throughout the weekend.

## PARENT INVOLVEMENT

Parents will meet with the program director after the Friday 4:30 PM drop-off and then again Sunday at 3:00 PM prior to departure. The first meeting will provide an overview of the weekend and the second meeting will focus on how parents can facilitate the generalization of the newly acquired skills to the child's natural environment. Handouts will be provided containing practical strategies.

## MEALS

Wholesome and nourishing meals will be prepared by an experienced chef catering to hearty appetites. Ample snacks will be provided.

## FACILITIES

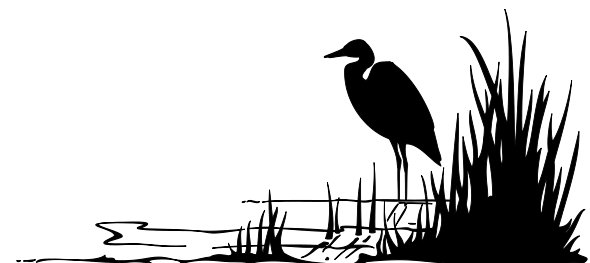
Diverse activities & many facilities on well-maintained camp in scenic Bucks County, Pennsylvania

Cabins ● Shower & Toilet Facilities ● Indoor Recreation Center ● Swimming Pools ● Boating ● Enclosed Soccer/Hockey Facility ● Ball Fields ● Basketball Courts ● Arts & Crafts ● Game Room ● Beach Volleyball ● Miniature Golf ● Fishing ● Large Cafeteria ● Great Experience ● Much More

## COUNSELORS

Counselors will be carefully chosen based upon their interest and experience in working with children with special needs. Counselors typically include certified teachers, college graduates, and college students, all of whom have experience working with children with special needs.

*\*Please note that we have found that the program is not appropriate for students with significant cognitive delays, significant oppositional / defiant behavior, and/or students with a history of aggression or high likelihood of aggression.*



*\*Behavior Therapy Associates also runs a 6-week day daytime Summer Program (June 30 - August 8, 2008). The program, HI-STEP (Helping Improve Social-skills Through Evidence-based Practices), formerly Stepping Stone, has two locations: Pennington, NJ (central NJ) and Fair Lawn, NJ (northern NJ). Contact the office for a brochure and more information.*